

August 2019

Audubon Recreation Center

342 W. Oates Rd., Garland, TX 75043 • 972-205-3991 • ARC@GarlandTX.gov • GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.						
10 a.m.		Out Of Shape Fitness 10 a.m.		Out Of Shape Fitness 10 a.m.		Basketball Skills Beginners 10:30 a.m.
11 a.m.				Lil' Tots 11 a.m.		Basketball Skills Advanced 11:30 a.m.
12 p.m.						
1 p.m.						
2 p.m.						Soccer Sparks Ages 2-3 2 p.m. Ages 4-5 2:30 p.m.
3 p.m.						Soccer Sparks Ages 6 - 9 3:15 p.m.
4 p.m.						
5 p.m.						
6 p.m.	All Star Tumbling 2 6 p.m. Yogalates 6:30 p.m.	Uniquely Made Cards 8/13 6:30 p.m. Adult Hip Hop 6 p.m.	Boxing 6 p.m. Yogalates 6 p.m.	Boxing 6 p.m.		
7 p.m.	All Star Tumbling 1 7 p.m.	All Star Hip Hop 7 p.m. Karate Kids 7 p.m. Zumba 7:30 p.m.		Karate Kids 7 p.m. Zumba 7:30 p.m.		
8 p.m.		Karate Adults 8 p.m.		Karate Adults 8 p.m.		

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. All programs occur weekly unless noted with a date.

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OPEN GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 12:30 - 3:30 p.m.	2 12:30 - 3:30 p.m.	3 12:30 - 3:30 p.m.
5 9 a.m. - 5 p.m.	6 9 a.m. - 5 p.m.	7 9 a.m. - 5 p.m.	8 9 a.m. - 5 p.m.	9 9 a.m. - 4:30 p.m.	10 12:30 - 3:30 p.m.
12 9 a.m. - 5 p.m.	13 9 a.m. - 5 p.m.	14 9 a.m. - 5 p.m.	15 9 a.m. - 5 p.m.	16 9 a.m. - 4:30 p.m.	17 12:30 - 3:30 p.m.
19 9 a.m. - 5 p.m.	20 9 a.m. - 5 p.m.	21 9 a.m. - 5 p.m.	22 9 a.m. - 5 p.m.	23 9 a.m. - 4:30 p.m.	24 12:30 - 3:30 p.m.
26 9 a.m. - 5 p.m.	27 9 a.m. - 5 p.m.	28 9 a.m. - 5 p.m.	29 9 a.m. - 5 p.m.	30 9 a.m. - 4:30 p.m.	31 12:30 - 3:30 p.m.

***Schedule subject to change. ***You are required to purchase and scan your Garland ID card to be inside the facility.

City of Garland recreation centers are closed on Sundays.

